

Assessment Rating	Guide to Clinical Response	Palliative Care Phase
Absent/Best ESAS-PCOC = 0 PCPSS = 0	Continue current care Consider discharge	Stable
Mild ESAS-PCOC = 1-3 PCPSS = 1	Anticipate & monitor ----- Modify care plan	Stable ----- Deteriorating
Moderate ESAS-PCOC = 4-7 PCPSS = 2	Review & intervene Refer as required	Deteriorating
Severe ESAS-PCOC = 8-10 PCPSS = 3	Urgent action required	Unstable
Use in combination with definitions and clinical judgement		

Terminal
If likely to die in
a matter of days

Refer to PCOCI Clinical Manual

March 2026

Is delirium present?	Guide to clinical response
Yes	Consider patient's goals of care and plan care accordingly
No	Identify any risk of developing delirium
Unsure	Consider using validated tool to determine

RUG-ADL	Score	Assessment Criteria	Guide to Clinical Response
Bed Mobility Toileting Transfers	1	Independent or supervision only	Total Score of 4-10: Monitor Total Score of 10 or more consider: • Equipment requirements • Case/family conference • Staff requirements • Carer burden • Referral
	3	Limited physical assistance	
	4	Other than two persons physical assist (1 person & aid)	
	5	Two or more persons physical assist	
Eating	1	Independent or supervision only	
	2	Limited assistance	
	3	Extensive assistance/total dependence/tube fed	

AKPS Score	Assessment Criteria	Guide to Clinical Response
100 90 80 70	Normal; no complaints; no evidence of disease Able to carry on normal activity; minor signs or symptoms of disease Normal activity with effort; some signs or symptoms of disease Cares for self; unable to carry on normal activity or to do active work	Monitor
60	Able to care for most needs; but requires occasional assistance	• Referral • Case/family conference
50 40 30 20	Considerable assistance & frequent medical care required In bed more than 50% of the time Almost completely bedfast Totally bedfast and requiring extensive care	As above & consider: • Equipment & staffing • Falls & pressure injuries • Carer burden
10	Comatose or barely rousable	End of life care