

# SYMPTOM ASSESSMENT

What best describes how you felt during the last 24 hours?



March 2026

Based on the Edmonton Symptom Assessment System - PCOC

**PCOCI**  
Palliative Care Outcomes  
Collaboration Ireland

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## Symptoms and problems:

- Pain
- Tiredness (lack of energy)
- Drowsiness (feeling sleepy)
- Nausea
- Appetite
- Shortness of breath
- Constipation
- Sleep
- Depression (feeling sad)
- Anxiety (feeling nervous)
- Wellbeing (how you feel overall)
- Other